

# **Holy Communion at St Paul's, Ashgrove**



**Pentecost 4, 2020**

## **GATHERING IN GOD'S NAME**

**P: Welcome**

**P: Hymn      Glorious Things of You are Spoken (TiS 446)**

*Note that hymns are only sung in the 9am service*

**P: Blessed be God: Father, Son and Holy Spirit.  
Blessed be God's kingdom, now and for ever.**

**P: The Lord be with you.  
And also with you.**

**LA: The wages of sin is death, but the free gift of God is  
eternal life in Christ Jesus our Lord. Romans 6.23**

**LA: [Let us pray.]  
Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord. Amen.**

**Glory to God in the highest,  
and peace to God's people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:**

**have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

P: O God,  
your Son has taught us that those who give  
a cup of water in his name  
will not lose their reward:  
open our hearts to the needs of your children,  
and in all things make us obedient to your will,  
so that in faith we may receive your gracious gift,  
eternal life in Jesus Christ our Lord. Amen.

1st Reading

**Genesis 22.1-14**

<sup>1</sup> After these things God tested Abraham. He said to him, 'Abraham!' And he said, 'Here I am.' <sup>2</sup> He said, 'Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt-offering on one of the mountains that I shall show you.' <sup>3</sup> So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt-offering, and set out and went to the place in the distance that God had shown him. <sup>4</sup> On the third day Abraham looked up and saw the place far away. <sup>5</sup> Then Abraham said to his young men, 'Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you.' <sup>6</sup> Abraham took the wood of the burnt-offering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. <sup>7</sup> Isaac said to his father Abraham, 'Father!'

And he said, 'Here I am, my son.' He said, 'The fire and the wood are here, but where is the lamb for a burnt-offering?'  
8 Abraham said, 'God himself will provide the lamb for a burnt-offering, my son.' So the two of them walked on together.  
9 When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood.  
10 Then Abraham reached out his hand and took the knife to kill his son.  
11 But the angel of the Lord called to him from heaven, and said, 'Abraham, Abraham!' And he said, 'Here I am.'  
12 He said, 'Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me.'  
13 And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt-offering instead of his son.  
14 So Abraham called that place 'The Lord will provide'; as it is said to this day, 'On the mount of the Lord it shall be provided.'

### Psalm 13

1 How long, O Lord, will you so utterly forget me:  
how long will you hide your face from me?  
2 **How long must I suffer anguish in my soul,  
and be so grieved in my heart day and night:  
how long shall my enemy triumph over me?**  
3 Look upon me, O Lord my God, and answer me:  
lighten my eyes, lest I sleep in death;  
4 **Lest my enemy say 'I have prevailed':  
lest my foes exult at my overthrow.**  
5 Yet I put my trust in your unfailing love:  
O let my heart rejoice in your salvation.  
6 **And I will make my song to the Lord:  
because he deals so bountifully with me.**

## **Romans 6.12-23**

<sup>12</sup> Therefore, do not let sin exercise dominion in your mortal bodies, to make you obey their passions. <sup>13</sup> No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. <sup>14</sup> For sin will have no dominion over you, since you are not under law but under grace. <sup>15</sup> What then? Should we sin because we are not under law but under grace? By no means! <sup>16</sup> Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? <sup>17</sup> But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, <sup>18</sup> and that you, having been set free from sin, have become slaves of righteousness. <sup>19</sup> I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification. <sup>20</sup> When you were slaves of sin, you were free in regard to righteousness. <sup>21</sup> So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. <sup>22</sup> But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. <sup>23</sup> For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

**LA: Hymn     Hail to the Lord's Anointed. (TiS 275)**

The Lord be with you.

**And also with you.**

The Gospel of our Lord Jesus Christ according to Matthew chapter 10 beginning at verse 40

**Glory to you Lord Jesus Christ.**

### **Matthew 10.40-42**

<sup>40</sup> 'Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. <sup>41</sup> Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; <sup>42</sup> and whoever gives even a cup of cold water to one of these little ones in the name of a disciple—truly I tell you, none of these will lose their reward.'

For the Gospel of the Lord,  
**praise to you Lord Jesus Christ.**

### **Sermon**

### **Silence**

### **LA: Nicene Creed**

Let us together affirm the faith of the Church

**We believe in one God,  
the Father, the almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one being with the Father;  
through him all things were made.**

**For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit and the virgin Mary**

and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge  
the living and the dead  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the  
forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## **LA: THE PRAYERS OF THE PEOPLE**

Let us pray for the world and for the Church.

Lord, in your mercy,  
**hear our prayer.**

...

LA: Accept our prayers through Jesus Christ our Lord, who  
taught us to pray,

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

LA: Hear, O Israel, the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.' Jesus said: 'This is the great and first commandment. And a second is like it: you shall love your neighbour as yourself.'

God is steadfast in love and infinite in mercy, welcoming sinners and inviting them to the Lord's table.

Let us confess our sins in penitence and faith, confident in God's forgiveness.

**Merciful God,  
our maker and our judge,  
we have sinned against you in thought, word, and deed,  
and in what we have failed to do:  
we have not loved you with our whole heart;  
we have not loved our neighbours as ourselves;  
we repent, and are sorry for all our sins.  
Father, forgive us.  
Strengthen us to love and obey you in newness of life;  
through Jesus Christ our Lord. Amen.**



P: Almighty God,  
who has promised forgiveness to all who turn to him in faith:  
pardon you and set you free from all your sins,  
strengthen you in all goodness  
and keep you in eternal life,  
through Jesus Christ our Lord. Amen.

P: We are the body of Christ.  
**His Spirit is with us.**

The peace of the Lord be always with you.  
**And also with you.**

*All may exchange a sign of peace, maintaining 1.5m separation  
and without touching.*

**P: Hymn     Make Me A Channel of Your Peace (TiS 607)**

*Note that we cannot pass collection bowls around at this time.  
There is a box at the back of the building to receive your  
offerings. Alternatively, please consider giving electronically  
through your bank.*

P: The Lord be with you.  
**And also with you.**  
Lift up your hearts.  
**We lift them to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

It is right to praise you, faithful God,  
always and everywhere,  
for with your only begotten Son

and life-giving Spirit,  
you are the one true God from everlasting to everlasting.  
At the dawn of time you wrought from nothing  
a universe of beauty and splendour,  
bringing light from darkness  
and order from chaos.  
You formed us, male and female, in your image,  
and endowed us with creative power.  
We turned away from you but you did not abandon us.  
You called us by name and searched us out,  
making a covenant of mercy,  
giving the law, and teaching justice by the prophets.  
And so we praise you,  
joining with your faithful people of every time and place,  
singing the eternal song:

**Holy, holy, holy Lord, God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

When the fullness of time was come,  
you sent your Son to be born of Mary.  
Bright image of your glory,  
he learned obedience to you in all things,  
even to death on a cross,  
breaking the power of evil,  
freeing us from sin, and putting death to flight.

You raised him from death,  
exalting him to glory,  
and the new day dawned.

On the night he was betrayed  
your Son Jesus Christ shared food with his friends,  
his companions on the way.

While at table he took bread,  
blessed, and broke it,  
and giving it to them, said:  
'Take, eat; this is my body.'

He took a cup of wine,  
and, giving thanks, he gave it to them, and said,  
'This is my blood of the covenant,  
which is poured out for many.  
Do this in remembrance of me.'

**Christ has died.  
Christ is risen.  
Christ will come again.**

Therefore, living God, as we obey his command,  
we remember his life of obedience to you,  
his suffering and death,  
his resurrection and exaltation,  
and his promise to be with us for ever.  
With this bread and this cup  
we celebrate his saving death until he comes.

Accept, we pray, our sacrifice of praise and thanksgiving,  
and send your Holy Spirit upon us and our celebration  
that all who eat and drink at this table  
may be strengthened by Christ's body and blood  
to serve you in the world.  
As one body and one holy people,  
may we proclaim the everlasting gospel  
of Jesus Christ our Lord,  
through whom, with whom, and in whom,  
in the unity of the Holy Spirit,  
all glory is yours, eternal God, now and for ever.

**Blessing and honour and glory and power  
are yours for ever and ever. Amen.**

## ***Sanitise Hands***

We break this bread to share in the body of Christ.  
We who are many are one body,

**for we all share in the one bread.**

***Jesus, Lamb of God, have mercy on us.***

***Jesus, bearer of our sins, have mercy on us.***

***Jesus, redeemer of the world, grant us your peace.***

The gifts of God for the people of God.

Come let us take this holy sacrament of the body and blood of Christ in remembrance that he died for us, and feed on him in our hearts by faith with thanksgiving.

*Special Covid-19 Guidelines: Please come forward to receive communion (bread only). Maintain 1.5m separation as you move forward. Queue close to the pew – not in the centre of the isle – in one line. Sanitise hands. Receive the bread while standing and return to your seat.*

Living God,

in this holy meal you fill us with new hope.

May the power of your love,

which we have known in word and sacrament,

continue your saving work among us,

give us courage for our pilgrimage,

and bring us to the joys you promise.

**Most loving God,**

**you send us into the world you love.**

**Give us grace to go thankfully and with courage**

**in the power of your Spirit.**

## Announcements

*Please stand for the blessing:*

P: The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. Amen .

LA: Go in peace to love and serve the Lord:  
**In the name of Christ. Amen**

**LA: Hymn      How Firm a Foundation      (TiS 578)**

### ACKNOWLEDGEMENTS

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